



## Enquiries and Application

Applicants must be at least three years post qualification.

Closing date for application 6th May 2025.

To apply send a letter of intent, a current CV including your qualification dates, details of organisational membership and work situation. In addition please provide email details of two referees, one of whom should be your current supervisor. Enclose a passport size photo to:

A Chesner

London Centre for Psychodrama

% 25 Luralda Wharf

London E143BY

Please also send an email version of your application as back up to [annachesner@icloud.com](mailto:annachesner@icloud.com)

The application fee is £130 to be paid by BACS to London Centre for Psychodrama, sort code 09 06 66, account 43093960

## Fee

£3,400 payable in two instalments. The fee includes attendance at training weekends, tutorials, and two one-to-one supervision of supervision sessions with the course director.

## Training Venue

Family Futures, 440a Hornsey Rd,

Finsbury Park, London

N19 4EB

# CREATIVE APPROACHES TO SUPERVISION

One year cross professional Diploma course 2025 - 2026

## Course Description

The course is based on the principles published in the book:

**Creative Supervision Across Modalities: Theories and Applications for Therapists, Counsellors and Helping Professionals.**

A. Chesner and L. Zografou (eds), Jessica Kingsley Publications (2014).

The course is 130 hours, at Diploma level. Applications are welcome from psychotherapists, counsellors, arts and play therapists, coaches and others interested in the supervision of practitioners from various fields.

The course is based in psychodynamic and integrative principles, with a strong commitment to the creative process and the use of creative action methods in one to one, group and team supervision.

This established course has Recognised Supervision Training Status with the HIPC section of UKCP, is recognised by BADth, member organisation of HCPC, and accredited by ADMP, member organisation of the UKCP. Successful completion of the Training may lead to inclusion on registers and directories of supervisors (subject to all others relevant criteria being met).

## Core Staff

Course Direction Anna Chesner MA, UKCP reg Psychotherapist, HCPC reg Arts Therapist, specialist in Psychodrama and Group Analysis

Céline Butté MA, UKCP & ADMP reg Dance Movement Psychotherapist, Sensorimotor Psychotherapy informed Practitioner

Bryn Jones MA, HCPC reg Dramatherapist

Staff members are published authors and registered supervisors

## Course Feedback

"I can't recommend this course highly enough! It offers an excellent combination of strong, interactive discussions on supervision theory along with live peer supervision sessions. The teaching was of the highest standard, and the weekends were always engaging and full of energy. Creative techniques were seamlessly integrated into the theoretical frameworks, brought to life through goldfish bowl practice sessions and hands-on supervision exercises in smaller groups. I truly enjoyed the training and left with a deeper, embodied understanding of quality, ethical supervision, along with a toolbox of innovative methods. Moreover, the opportunity to work alongside therapists from diverse backgrounds in a supportive and enjoyable environment allowed me to reflect on my own practice both as a supervisor and as a therapist."

**Nicky Perl** MA, UKCP registered Integrative Psychotherapist and Supervisor.

"This course was a rich and vibrant learning experience. Of its many strengths the chance to study alongside experienced practitioners from across modalities enhanced my learning. The teaching is grounded in theory and delivered in creative and embodied ways by the course tutors, supporting personal and professional development and confidence in becoming a clinical supervisor. The course equipped me with knowledge and techniques to acquire a new qualification, and also rejuvenated my creative approach in all aspects of my professional work. A valuable investment in my career."

**Allyson Vuli**, MA Dance Movement Psychotherapist, ADMP, UKCP

"The supportive and nurturing environment fostered by the tutors was instrumental in bolstering my confidence in my role as a clinical supervisor. The interdisciplinary nature of the training, characterised by the varied backgrounds of both peers and tutors, significantly broadened my theoretical knowledge and inspired new creative approaches to practise."

**Margarita Deligianni**, Registered Dance Movement Psychotherapist and Clinical Supervisor

## Modules

**Module 1: Supervisory roles and relationships, contracting and ethics**

**Module 2: Practice issues, regular and crisis supervision**

**Module 3: Specialist perspectives**

**Module 4: Supervision of supervision, working with groups and teams.**

Trainees commit to a minimum of 8 sessions of supervision of supervision practice during the training period.

Two of these are included in the course fee. The remaining sessions can be undertaken with an appropriately qualified supervisor of the trainee's choice.

Each module includes action-based teaching of supervision theory; demonstration and practice of creative methodology and action methods; live peer supervision and reflections; specialist topics and book presentations

## Weekend Course Content

Theory of supervision based in integrative, systemic and psychodynamic principles

Creative and action based techniques as applied to individual and group supervision

Live supervision skills practice

Specialist presentations reflecting the areas of expertise of the group

Book reviews reflecting the interest of the group and the core reading list of the course

A final paper on applied learning from the course

Assessment by self, peer and tutor

## Dates and times

**Training runs over the following weekends and times:**

**Friday 7pm-9.30pm**

**Saturday 9.30am-6pm**

**Sunday 9.30am-5pm**

- **Sep 26 - 28 2025**
- **Oct 24 - 26 2025**
- **Nov 28 - 30 2025**
- **Jan 23- 25 2026**
- **Feb 27 - Mar 1 2026**
- **Mar 27 - 29 2026**
- **Apr 24 - 26 2026**