

## Enquiries and Application

Applicants must be at least three years post qualification.

Closing date for application 6th June 2024.

To apply send a letter of intent, a current CV including your qualification dates, details of organisational membership and work situation. In addition please provide email details of two referees, one of whom should be your current supervisor. Enclose a passport size photo to:

A Chesner

London Centre for Psychodrama

% 25 Luralda Wharf

London E143BY

Please also send an email version of your application as back up to [annachesner@icloud.com](mailto:annachesner@icloud.com)

The application fee is £120 to be paid by BACS to London Centre for Psychodrama, sort code 09 06 66, account 43093960

## Fee

£3,200 payable in two instalments. The fee includes attendance at training weekends, tutorials, and two one-to-one supervision of supervision sessions with the course director.

## Training Venue

Family Futures, 440a Hornsey Rd,

Finsbury Park, London

N19 4EB



# CREATIVE APPROACHES TO SUPERVISION

One year cross professional Diploma course 2024 - 2025

## Course Description

The course is based on the principles published in the book:

**Creative Supervision Across Modalities: Theories and Applications for Therapists, Counsellors and Helping Professionals.**

A. Chesner and L. Zografou (eds), Jessica Kingsley Publications (2014).

The course is 130 hours, at Diploma level. Applications are welcome from psychotherapists, counsellors, arts and play therapists, coaches and others interested in the supervision of practitioners from various fields.

The course is based in psychodynamic and integrative principles, with a strong commitment to the creative process and the use of creative action methods in one to one, group and team supervision.

This established course has Recognised Supervision Training Status with the HIPC section of UKCP, is recognised by BADth, member organisation of HCPC, and accredited by ADMP, member organisation of the UKCP. Successful completion of the Training may lead to inclusion on registers of supervisors (subject to all others relevant criteria being met).

## Core Staff

Course Direction Anna Chesner MA, UKCP reg Psychotherapist, HCPC reg Arts Therapist, specialist in Psychodrama and Group Analysis

Céline Butté MA, UKCP & ADMP reg Dance Movement Psychotherapist, Sensorimotor Psychotherapy informed Practitioner

Bryn Jones MA, HCPC reg Dramatherapist

Staff members are published authors and registered supervisors

## Course Feedback

"I highly recommend this training! It is a course that has encouraged me to use action methods in supervision to facilitate learning and growth from a place of self-acceptance. Presentations and feedback from tutors and colleagues have nourished my understanding of supervision with therapists working with different modalities, and in various settings. As a dramatherapist, it has been particularly enriching to learn techniques based on psychodrama and dance movement therapy. The pace of the weekends, the balance between theory and practice, the depth of the group process and the exploration of both individual and group supervision have made it an extraordinary learning experience."

**Gloria Garbujo** MA Dramatherapy, MA and BA Philosophy  
HCPC Dramatherapist and BADth Supervisor  
specialised in Bereavement and Palliative Care

"I really enjoyed the training and got a huge amount from the course to take forward in my work. Being introduced to both fundamental supervisory frameworks as well as a range of creative, action methods has given me confidence and clarity. Meeting regularly over several months gave me the opportunity to learn from a diverse group of peers as we had the chance to repeatedly practice methods in a supportive and reflective environment. Tutors supported our rigour and demonstrated inspiring ways of working."

**Paul Beaumont** RSMT Dip IBMT  
Registered Somatic Movement Therapist, Supervisor & Trainer  
Integrative Bodywork & Movement Therapist

"A powerful and enriching learning experience that taught me a lot about supervision and about myself. Having gained the confidence and the means to work creatively, I came away with a renewed sense of my potential. This course practices what it teaches. With theory providing a secure base from which to explore, experiential learning fosters both group and individual creative engagement with techniques. This is supported by encouragement to reflect and thereby develop new understandings, skills and attitudes.

**Tamar Posner** UKCP Registered Integrative Psychotherapist and Supervisor

## Modules

**Module 1: Supervisory roles and relationships, contracting and ethics**

**Module 2: Practice issues, regular and crisis supervision**

**Module 3: Specialist perspectives**

**Module 4: Supervision of supervision, working with groups and teams.**

Trainees commit to a minimum of 8 sessions of supervision of supervision practice during the training period.

Two of these are included in the course fee. The remaining sessions can be undertaken with an appropriately qualified supervisor of the trainee's choice.

Each module includes action-based teaching of supervision theory; demonstration and practice of creative methodology and action methods; live peer supervision and reflections; specialist topics and book presentations

## Weekend Course Content

Theory of supervision based in integrative, systemic and psychodynamic principles

Creative and action based techniques as applied to individual and group supervision

Live supervision skills practice

Specialist presentations reflecting the areas of expertise of the group

Book reviews reflecting the interest of the group and the core reading list of the course

A final paper on applied learning from the course

Assessment by self, peer and tutor

## Dates and times

**Training runs over the following weekends and times:**

**Friday 7pm-9.30pm**

**Saturday 9.30am-6pm**

**Sunday 9.30am-5pm**

- **Sep 27th - 29th 2024**
- **Oct 25th - 27th 2024**
- **Nov 29th - Dec 1st 2024**
- **Jan 24th - 26th 2025**
- **Feb 21st - 23rd 2025**
- **Mar 28th - 30th 2025**
- **Apr 25th - 27th 2025**